# in the garden by Stephen and Kristin Pategas



STEPHEN & KRISTIN PATEGAS

## Lovin' The Shade

The creation of a viable garden in the shade of a tree is a challenge. The first step in tackling such a task acknowledges the challenges. There is dry shade where the canopy blocks light rains and the tree roots draw out the moisture, outcompeting the roots of other plants. Planting amongst the roots without damaging them and causing

future spouting can be a struggle, so we suggest using small containers of plants that creep. Check whether the tree is evergreen or deciduous since light levels increase dramatically if leaves drop. Also make note of the shifting shade pattern as the seasons progress between winter and summer solstice. Sunburned plants ain't pretty.

The second step selects the plants for the shady and perhaps part time full sun conditions. Most flowering plants bloom weakly if at all in the shade so search out plants with foliage color and texture to complement the rare shade bloomers.

The final step celebrates the results of careful plant selection - a shade garden of texture, flowers, and colorful



The dwarf Camellia hiemalis 'Shishigashira' takes shade or sun.



Anise/Illicium parviflorum makes a great hedge in shade or sun.



A bench in the rear corner attracts the eye in this shade garden.

foliage. The garden is also lower maintenance with fewer weeds. As leaves drop from above it is self-mulching. Then as the leaves decompose they provide nutrients for the plants. Finally, take a break in the shade on the bench you thoughtfully provided. •

### A Selection Of Plants For Shade Or Part Shade

\* - Protect from the cold

C - Container plant

T - Transition shade to sun

V - Variegated foliage

#### **Understory trees:**

Cercis Canadensis/Red Bud

Chionanthus virginicus/Fringe tree (T)

Ilex vomitoria/Yaupon holly (T)

#### Tall plants:

Alpinia zerumbet 'Variegata'/ Variegated shell ginger (V)

Camellia japonica/Camellia

Camellia sasanqua/Sasanqua camellia (T)

Chamaedorea microspadix/Parlor palm

Cyathea cooperi/Australian tree fern\*

Dichorisandra thyrsiflora/Blue ginger

Fatsia japonica/Fatsia

Hamellia patens/Firebush\* (T)

Hydrangea quercifolia/Oakleaf hydrangea

Illicium parviflorum/Yellow anise (T)

Justicia carnea/Jacobinea\*

Osmanthus fragrans/Osmanthus/ Tea olive

Podocarpus macrophyllus/Yew podocarpus (T)

Rhapis excelsa/Lady palm

Rhododendron austrinum/Florida flame azalea

Rhododendron canescens/Piedmont azalea

Rhododendron spp./Azalea species Serenoa repens/Saw palmetto

#### Low shrubs and groundcovers:

Aspidistra elatior/Cast iron plant

Aspidistra lurida 'Ginga'Milky Way cast iron plant (V)

Athyrium niponicum 'Pictum'/ Japanese painted fern\* (V)

Bromeliad spp./Bromeliad species (V)

Caladium bicolor/Caladium (C, V)

Camellia hiemalis 'Shishigashira'/ Shishigashira camellia (C, T)

Cephalotaxus harringtonia 'Prostrata'/Prostrate yew

Cyrtomium falcatum/Holly fern

Dryopteris erythrosora/Autumn fern

Ilex vomitoria 'Schellings'/Dwarf yaupon holly (T)

Kaempferia spp./Peacock plant species (V)

Liriope 'Emerald Goddess'/ Evergreen giant liriope (T)

Nandina domestica 'Harbour Dwarf'/Harbour Dwarf heavenly bamboo (T)

Ophiopogon japonicus/Mondo grass

Ophiopogon japonicus 'Nana'/Dwarf mondo grass

Philodendron 'Xanadu'/Xanadu philodendron\* (C)

Pilea cadierei nana/Aluminum plant\* (V)

 $Rhododendron\ spp./Azalea\ species$ 

Schefflera arboricola 'Trinette'/ Trinette schefflera\* (T, V)

Solenostemon scutellarioides/ Coleus\* (C, V)

Strobilanthes dyerianus/Purple shield\* (C, V)

Trachelospermum asiaticum/Dwarf Asian jasmine (T, some V)

Zamia pumila/Coontie (T)

Kristin and Stephen Pategas design landscapes and garden at their home and business Hortus Oasis in Winter Park. Contact them at garden@hortusoasis.com or visit www.hortusoasis.com and www.pategaionplants.com.

All photography by Stephen G. Pategas/Hortus Oasis